Staying at Home During COVID-19:
Resources for Survivors of Abuse
Community Protection Division
Boulder County District Attorney’s Office

Risks and Risk Factors:

**You need medical attention**, but don’t want to go to the emergency room or call 911 because you might be exposed to the coronavirus.

**You need to leave an abusive situation at home**, but there are stay-at-home orders in place in our community and throughout our state.

**An abused or neglected child may be isolated**: teachers, counselors & day care providers aren’t seeing kids, so incidents of child abuse or neglect might not be reported.

**Care for an older or disabled adult** might be reduced or withdrawn altogether, leaving these individuals more vulnerable to abuse or neglect.

We can all learn to recognize warning signs of abuse or neglect:

- Signs of physical injury, and no logical explanation
- Unexplained behavior changes
- Fear or reluctance to talk in front of a parent, family member or caregiver
- Inadequate care or supervision, poor hygiene, dirty clothes or homes, lack of food for children or at-risk individuals
- Use of fear surrounding COVID-19 to manipulate behavior, demean or blame an individual, gain control over finances, or cut off contact with loved ones
- Increased stress due to COVID-19, stay-at-home orders, and economic uncertainty

What to Do:

**Call 911** if you or someone at home is in immediate danger.

**Seek help now** if you or someone at home needs medical attention or a safe place to stay.

- Medical and EMS personnel, emergency rooms and urgent care providers are available and modifying their operations and practices to limit potential exposure to the virus.

- **Call if you need a safe place to stay, counseling or support.** Local domestic violence shelters are operating, and crisis lines continue to offer confidential 24-hour support. Chat online or email if you can’t call from home:
  - Safehouse Progressive Alliance for Nonviolence (SPAN) 24-hour crisis hotline: 303-444-2424
    - email: hotline@safousealliance.org
  - Safe Shelter of St. Vrain Valley 24/7 Crisis Line: 303-772-4422
    - online: www.safeshelterofstvrain.org/contact-us/
  - Moving to End Sexual Assault (MESA) hotline: 303-443-7300
    - email: info@movingtoendsexualassault.org
  - CU Boulder Office of Victim Assistance: 303-492-8855; email: assist@colorado.edu
  - National Domestic Violence Hotline: 1-800-799-SAFE (7233); chat: www.thehotline.org/help/

- **Report child abuse or neglect at Colorado’s Child Abuse and Neglect Hotline 1-844-CO-4KIDS.** Or Local Help:
  - Boulder County Department of Housing and Human Services: 303-441-1309; online contact: www.bouldercounty.org/departments/housing-and-human-services/contact-us/
  - Blue Sky Bridge: 303-444-1388; email: info@blueskybridge.org

- **Help for older adults, people with disabilities and their caregivers:**
  - Adult Protective Services: 303-441-1000; online: www.bouldercounty.org/departments/housing-and-human-services/contact-us/
  - Boulder County Area Agency on Aging: 303-441-3570; email: bcaa@bouldercounty.org

Michael Dougherty, District Attorney

Boulder County District Attorney’s Office
BOULDER OFFICE: JUSTICE CENTER · 1777 6TH STREET · BOULDER, COLORADO 80302 · 303.441.3700
LONGMONT OFFICE: 1035 KIMBARK · LONGMONT, COLORADO 80501 · 303.441.3700
WWW.BOULDERCOUNTY.ORG/DISTRICT-ATTORNEY · TDD/V: 303.441.4774